

**12) Dingles:**

This is a fun game that teaches quick reactions and concentration.

Level: 2.5 and higher

Players 1 & 2 are a team against players 3 & 4.

Pro simultaneously feeds balls to players 1 & 2, who play a groundstroke point (staying back) with the opponent straight ahead of them.

As soon as either baseline point ends, the pro yells out “dingles” and the players must all rush the net and play the remaining ball as a doubles point (no longer as singles)

The first ball that goes out of play is worth 1 point to the team that won it, and the second ball is worth 2 points to the team that won it.

After both balls are done, players go back to the baseline and repeat. Play games up to 10 points and rotate.

V= Have the players self-feed this drill.